

# PSM NEWSLETTER



## Partnership for a Safer Maryland

*Educate • Advocate • Connect*

### Quarterly Newsletter March 2022

#### Our Mission:

Advocate for injury and violence prevention and promote education and surveillance in Maryland through statewide partnerships.



### A Message from Board President Tom Manion

Greetings PSM Membership,

The Board of Directors has been hard at work these last few months on our core mission to support injury and violence prevention efforts statewide by **educating** professionals like yourselves in advanced topics related to this field; **advocating** for trauma-informed, scientifically-based legislation and policy; and **connecting** service and advocacy organizations across the state to share and collaborate on best and promising practices to keep our communities safe. Be sure to check out our social media accounts and our weekly e-mails for upcoming trainings, and please follow us if you haven't already done so! We also have some exciting surprises in store regarding our website and membership benefits in the coming months. Stay tuned...

I'd also like to take this opportunity to personally invite you to apply to join the PSM Board of Directors. We are a Board of active volunteers working to make the PSM mission a reality, and we're looking for enthusiastic, dedicated injury and/or violence-prevention professionals to join our ranks. If you have any questions about what being a Board member entails, please feel free to reach out to me directly at [tmanion425@gmail.com](mailto:tmanion425@gmail.com).

Many thanks, as always, to our fantastic Program Director LaToya Bates for keeping the Partnership moving in a productive direction, we couldn't do it without you!

Stay Safe,  
Tom



**Please review the relevant information and opportunities below from organizations advocating injury and violence prevention.**

## PSM Updates

An Online Event

# THE HEALTH IMPACTS OF INTIMATE PARTNER VIOLENCE

Presented by the Maryland Health Care Coalition Against Domestic Violence and sponsored by the Partnership for a Safer Maryland



Presented by:  
**Lauren Dougherty**

10 am - 11 am  
**April 8th, 2022**

## Objectives:

1. Define IPV including dynamics and prevalence
2. Discuss polyvictimization and complex trauma
3. Identify the health effects of IPV
4. Explore resources and interventions

**Audience:** open to all injury-prevention professionals in Maryland

**Registration:** <https://attendee.gotowebinar.com/register/7818849708212601100>

**Free Social Work CEU's:** The Maryland Health Care Coalition Against Domestic Violence is authorized by the Board of Social Work Examiners in Maryland to sponsor social work continuing education programs and maintains full responsibility for this program. This training qualifies for 1 Category I continuing education units.

**Questions?** Please contact [ldougherty.healthcarecoalition@gmail.com](mailto:ldougherty.healthcarecoalition@gmail.com)



MARYLAND HEALTH CARE  
COALITION Against Domestic Violence



Intimate Partner Violence  
by Lauren Dougherty

Intimate Partner Violence (IPV) is a widespread issue in our community, impacting approximately 1 in 4 women, 1 in 7 men,<sup>1</sup> and over half of transgender individuals.<sup>2</sup> Not only is IPV prevalent, but it can impact health outcomes of people who experience it, causing new health issues and exacerbating the ones that already exist.

IPV has been linked with poor general health, chronic disease, disability, somatic syndromes, injury, chronic pain, STDs, functional gastrointestinal disorders, and changes in endocrine and immune functions.<sup>3</sup> Among pregnant women, IPV has been known to cause increased sexually transmitted diseases, preterm labor, and low-birth-weight infants.<sup>4</sup> Even individuals who are victimized by some of the less tangible forms of abuse from a partner can experience negative health outcomes. One study demonstrated that the severity of psychological abuse experienced by IPV victims was linked to PTSD and depression, having significant direct effects on chronic pain severity.<sup>5</sup> Furthermore, it has been observed that if traumatized individuals who seek help for chronic physical health problems are not assessed and treated for their underlying response to trauma, their physical symptoms are likely to continue.<sup>6</sup> The health crisis created by the COVID -19 pandemic has only proven to increase danger levels and health consequences of IPV.

Fortunately, professionals working in injury-prevention fields are coming into contact with victims on a regular basis and may be able to help. By knowing the signs of abuse and how to respond, these professionals can be a critical nexus for linking victims to services that could be lifesaving.

To learn more about the signs of IPV, how IPV impacts health, and available resources, join the Maryland Health Care Coalition Against Domestic Violence for the online event entitled “The Health Impacts of Intimate Partner Violence, sponsored by the Partnership for a Safer Maryland on Friday April 8, 2022 from 10:00am until 11:00am. Register [here](#).

Lauren Dougherty

*Training and Outreach Specialist, The Maryland Health Care Coalition Against Domestic Violence  
Education & Training Committee Co-Chair, Partnership for a Safer Maryland, Board of Directors*

## RESOURCES

1. CDC. (2017). Facts Everyone Should Know About Intimate Partner Violence, Sexual Assault, and Stalking. Available at <https://www.cdc.gov/violenceprevention/pdf/NISVS-infographic-2016.pdf>
2. James, S. E., Herman, J. L., Rankin, S., Keisling, M., Mottet, L., & Anafi, M. (2016). *The Report of the 2015 U.S. Transgender Survey*. Washington, DC: National Center for Transgender Equality.
3. CDC. (2008). Adverse Health Conditions and Health Risk Behaviors Associated with Intimate Partner Violence, Morbidity and Mortality Weekly Report. Available at <http://www.cdc.gov/mmwr/PDF/wk/mm5705.pdf>
4. Sharps, P. W., Laughon K., Giangrande S.K. (2007) Intimate Partner Violence and the Childbearing Year: Maternal and Infant Health Consequences. *Trauma, Violence, & Abuse*. 2007;8(2):105-116. doi:10.1177/1524838007302594
5. Wuest, J., Ford-Gilboe, M., Merritt-Gray, M., Wilk, P., Campbell, J.C., Smye, V. (2010). Pathways of chronic pain in survivors of intimate partner violence. *Journal of Women’s Health*, 19(9), 1665-1674.
6. Gill J. M., Page, G.G., Sharps P., Campbell, J.C., (2008) *J Urban Health*. 2008 Sep; 85(5):693-706.

# Upcoming PSM Webinars

April 8, 2022 Intimate Partner Violence  
April 19, 2022 Youth Mental Health  
May 11, 2022 Traumatic Brain Injury  
June 2022 Youth Suicide

Legislation & Public  
Policy



## Senate Bill 745



PSM joined with Allison Kennedy, the Director of Government Relations for Advocates for Highway and Auto Safety (Advocates), and Lisa Tenney, Chair of the Government Affairs Committee of the Maryland State Council, Emergency Nurses Association (MDENA) submitting a joint statement in opposition to Senate Bill 745 (Maryland Motorcycle Helmet Repeal Law).



Ms. Kennedy provided testimony in opposition to Senate Bill (SB) 745, legislation that would repeal Maryland's all-rider motorcycle helmet law. This critical safety law has been preventing deaths and injuries and saving taxpayer dollars in Maryland for nearly 30 years.



The Committee Hearing was on March 15, 2022 and SB745 did not get a vote. As a result, is likely the end this year unless it is sent late through the Rule committee (unlikely).

## POISON CENTERS: *Here for the Ages*



March 20-26, 2022 · National Poison Prevention Week

**Marylanders in the Maryland Poison Center's service area are invited to request a poison safety packet for their home.**

This free packet includes poison safety information, Mr. Yuk stickers, telephone stickers, and a magnet. To request your packet, please click the following link:



<https://www.mdpoison.com/education/request-free-poison-safety-packet/>

Once your form has been submitted, you should receive your packet at the address that you provided in 10-14 days.



## Maryland Suicide Prevention Program

The Maryland Suicide Prevention Program aims to prevent suicide by collaborating with the Governor's Commission on Suicide Prevention as well as various state departments, community agencies, providers, and members to increase awareness of suicide and improve preparedness to identify individuals at-risk, intervene, and provide support to promote healing and improved quality of life.

The Maryland Suicide Prevention Program is not a crisis or emergency care center. If you or someone you know is in crisis, contact Maryland's crisis hotline by calling 2-1-1 and pressing option 1 or texting 898-211. In the case of a life-threatening emergency, call 911.

<https://health.maryland.gov/bha/suicideprevention/Pages/home.aspx>

TEXT  
**MDMINDHEALTH**  
TO 898-211



Sign up to receive support, information, and resources for staying connected.

ENVÍE TEXTO  
**MDSALUDMENTAL**  
A 898-211



Regístrese y reciba apoyo, información y recursos para mantenerse conectado.



**Focus Area Awareness  
Months 2022**



### Our Board Members

Tom Manion, President  
Dr. Rich Lichenstein, Vice President  
Kathy Hensler, Treasurer  
Jessica Dayal, Co-Chair, Education &

March:

- Poison

April:

- Motor Vehicle Safety
- Child Abuse & Neglect

May:

- Traumatic Brain Injury
- TBI Week May 11 - 17

September:

- Falls
- Suicide

October:

- Teen Driver Safety Week 16-22
- Intimate Partner Violence

Training Committee

Lauren Dougherty, Co-Chair,  
Education & Training Committee  
Nicole Sealton, Chair, Outreach &  
Communications Committee

Donna Bilz

Bella Chant

Kathy McKnight

Joyce Williams

If you are interested in becoming  
a PSM Board Member, please  
email your resume and letter of  
interest to PSM Director, LaToya  
Bates at

[lbates@safermaryland.org](mailto:lbates@safermaryland.org)